



"Using humans and horses to help disabilities become abilities"

WHAT DO WE OFFER?

We provide physical, occupational, and speech therapy services to individuals with disabilities by using horses as our treatment intervention, known as Hippotherapy, along with traditional physical, occupational, and speech therapy services. With community support, grant writing and fundraising events, we plan to continue providing these services without any financial costs to our clients' families. In addition, our foundation offers family support groups with the intent to bring our families together to support and encourage one another through any difficulties they may face.

WHAT IS HIPPOThERAPY?

Hippotherapy is a physical, occupational or speech and language therapy treatment strategy that utilizes equine movement. The patient is positioned on the horse and actively responds to the movement. The therapist directs the movement of the horse; analyzes the patient's responses; and adjusts the treatment accordingly. This strategy is used as part of an integrated treatment program to achieve functional outcomes.



**"There is something about the outside of a horse that is good for the inside of a man."
-Winston Churchill**

A SPECIAL STEP

www.stepstoyourdreams.org

AYDEN'S STORY

Ayden's first therapy session at Steps To Your Dreams was on May 17, 2010. Ayden's success started at birth when he became one of the first babies to survive being born at 23 weeks. He spent the first 8 months of his life in the hospital enduring multiple surgeries and battling severe physical deficits. Ayden had significant lack of strength and muscle tone making it difficult to perform milestones that are appropriate for his age. He struggled daily with sensory input and severe visual impairment. Although he was 9 months old with an adjusted age of 5 months, he was functioning at a 3 month old level. Ayden's family has seen tremendous progress with him over the past year at Steps To Your Dreams. He is now achieving milestones in the 12 month age range. Ayden is able to sit independently while playing with his toys and crawl all around. He is the beginning stages of walking with taking 15 steps. Ayden has successfully learned cause and effect reactions. Despite Ayden's disabilities, he has always maintained a pleasant and happy personality. He brings joy to everyone who is fortunate enough to cross his path. Medicaid has covered Ayden's first thirty visits, paying \$30 per visit, not even covering the therapist salary. At no cost to his family, Ayden receives approximately seventy additional therapy treatments a year. This is just one out of 200 stories from Steps To Your Dreams. With your support, other children just like Ayden can begin stepping toward their dreams.



Ayden walking to daddy with Sherry, PTA

SINCE THE BEGINNING

We are proud to announce that we have been successfully offering our Transitional Therapy Program without any financial cost to our clients' families since May 2009. Currently, we are serving 125 individuals and their families and are continuing to grow each day. Since we have successfully served 200 individuals.

CONSTRUCTION OF OUR BARN

At this time, we have completed the stalls and tack room inside the barn and a parking lot for entrance into the barn. As the completion of our barn is in progress, we are still accepting order forms for our **Buy-A-Brick Fundraiser**. Bricks can be purchased and personalized for \$100. In addition, we are offering a **Barn Sponsorship** of a 4' by 8' advertisement in our indoor arena. Each board can be purchased for \$2,500 for the full advertisement or \$1,250 for half and will be remain in our facility for one year. Contact us for additional information.



WHO DO WE SERVE?

- Autism/Asbergers
- Cerebral Palsy
- Developmental Delay
- Genetic Disorders
- Sensory Integration Disorders
- Traumatic Brain Injury/Stroke
- Down Snyderome
- Multiple Sclerosis
- Scoliosis
- Spina Bifida



**Rylan riding
General with
Sherry, PTA and
Ralph, PT**

ADOPT-A-CHILD: \$100/year

Allows for therapy services to be covered throughout the year that the insurance does not cover and any remaining balance the family cannot financially afford.

INTERESTED IN VOLUNTEERING?

Currently we are seeking volunteers to assist with our Hippotherapy sessions. This includes preparing the horse and being a side walker during the treatment session. If interested, please contact Amanda Shearer at 937-717-6741.

OUR ACCOMPLISHMENTS

75 NEW patients

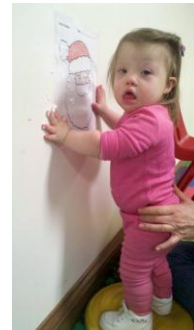
1 new horse was donated

Foundation of the barn, 5 stalls, tack room, parking lot, cement for front of barn, grass around barn, electricity, doors on the barn and plumbing has been completed.

Partnership with Rocking Horse Center and Clark-Shawnee Local Schools

Received a grant from The Della Selsor Trust and Neubert-Webb Trust

Received 12,500 in community donations



**Sophia
decorating
Santa Claus**

HOW TO APPLY OR HAVE QUESTIONS?

To schedule an evaluation with our licensed physical therapist (PT), and occupational therapist (OT) please contact us at 937-717-6741. Upon completion of the evaluation, the therapist will then recommend the required therapy treatment on an individual basis.

We would like to extend a special thank you to Della Selsor Trust, Neubert-Webb Trust, Rollins Moving and Storage, The Rollins Family, The Vanmalderen Family and our community for their continued support!